

# Crossroads Baptist Church Newsletter

2001 S. Starr Road, Apache Junction, AZ 85119

480-982-9120

January 2022

## THE PASTOR'S MESSAGE

**If you look over your shoulder**, you may see the shadow of a retreating 2021. For many people, this was a tough year. But God in his providence has blessed our church in many ways. This was a year of stability and hope for us. The Lord met us at our need.

Our infrastructure improvements testify to our stewardship and our desire to be vibrant and relevant. Our improvements are visible signs that we are working to “step into” our charter as a Great Commission Church.

This year, we need to focus our attention on “putting feet” on our Great Commission work. We must determine how we will go and “make disciples.” We must identify ways that we can minister to the spiritually suffering. We must invest ourselves now toward a fruitful future.

At the same time, we must not forget that our brothers and sisters in Christ (sitting right next to us), have their needs for encouragement and communion; they also need you to help to carry their burdens. We must be each other’s burden bearers.

Sobering thoughts, I know. But not surprising. These desires are also yours. I believe that if we seek the Lord, he will show us the way, and He will provide us the strength and resources. I also believe in you! We are in this together. I can think of no better company for this journey than you!

Think on these things –

Romans 12:4-8 (NIV) – 4 “For just as each of us has one body with many members, and these members do not all have the same function, 5 so in Christ we, though many, form one body, and each member belongs to all the others. 6 We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; 7 if it is serving, then serve; if it is teaching, then teach; 8 if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.”

God loves you! And so do I! Pastor Rick



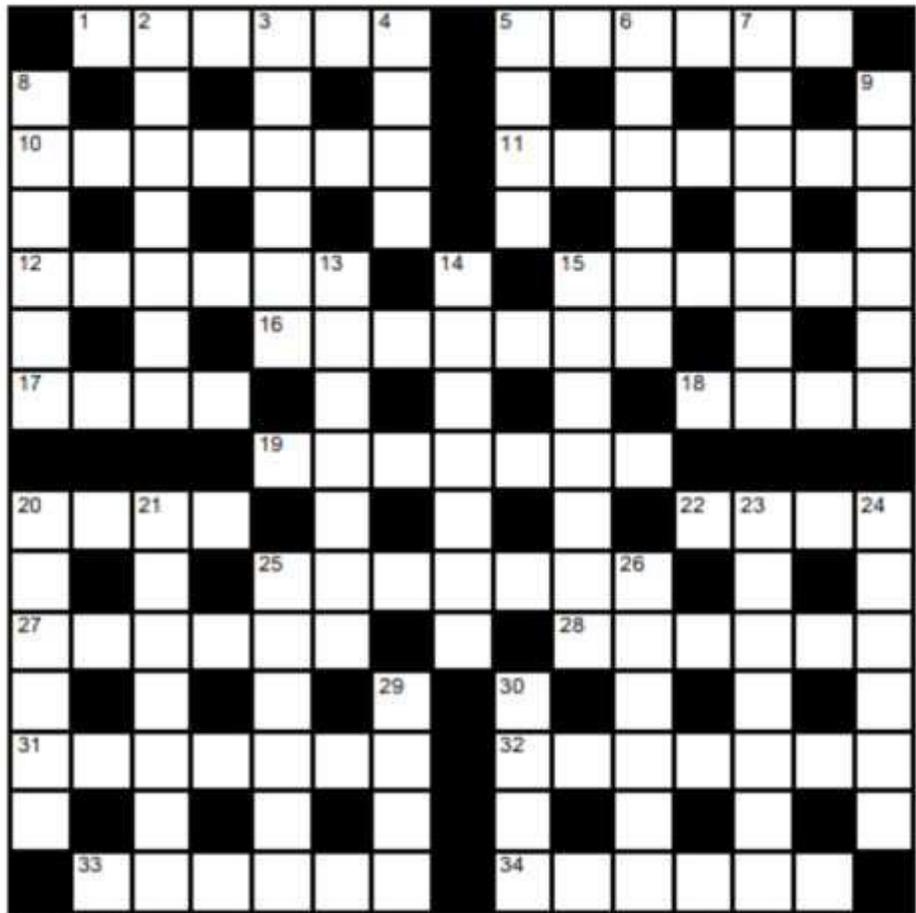
# BIBLE CROSSWORD XIV

## Across

- 1 Body of water the Israelites walked through (3,3)
- 5 As Gideon, Othniel and others did (6)
- 10 Very salty water! (4,3)
- 11 Brave fighter (7)
- 12 Queen of Persia (6)
- 15 Combat (6)
- 16 Ceremonies (7)
- 17 City of Persian kings (4)
- 18 Posted (4)
- 19 Descendant of Esau (7)
- 20 Fair (4)
- 22 A son of Benjamin (4)
- 25 Corrupted (7)
- 27 One of the churches (6)
- 28 Having the nature of God (6)
- 31 River of Damascus (7)
- 32 Marriage (7)
- 33 Ancient unit of distance (6)
- 34 Wanderers (6)

## Down

- 2 Treasurer of Corinth (7)
- 3 Mary's relation to Martha (6)



by Philologus

© BiblePuzzles.com

- 4 Seventh king of Israel (4)
- 5 God's people (4)
- 6 Also known as Tabitha (6)
- 7 Letter (7)
- 8 Serpents (6)
- 9 Sacred minister (6)
- 13 Puzzles (7)
- 14 Upheaval (7)
- 15 Erased, when with 'out' (7)
- 20 Husband of Mary (6)
- 21 Obedient helper (7)
- 23 Enlightened (7)
- 24 Seek retribution (6)
- 25 As Jesus did with a sop (6)
- 26 Crown (6)
- 29 Region (4)
- 30 Jacob was one (4)

Answers on page 5

**Atheism is a non-prophet organization**

# 50 Science-Backed Health Facts That Will Blow Your Mind

By Alex Daniel, March 5, 2020 (Excerpts from <https://bestlifeonline.com/health-facts/>)

With the sheer number of wellness trends and so-called health "experts" out there, it can be hard to trust the information you hear about your [physical and mental well-being](#). But by turning to research and data, you can parse out the [hard truths about your health](#) from the [nonsense](#). And to help you out, we've compiled 50 facts about everything from your body to your brain that are surprising, but 100 percent true. From the unlikely sense heightened by anxiety to the shocking link between your birthday and your death, these astonishing [science-backed health facts](#) will blow your mind.

## 4 | Men are more forgetful than women.

Numerous studies dedicated to comparing the [memory abilities](#) of men and women consistently prove that men are more forgetful than women. One 2015 study published in [The Quarterly Journal of Experimental Psychology](#) hypothesizes that this could be due to the varying brain structures of men and women—specifically, that the hippocampus (the part of the brain associated with memory) begins to [decrease in volume faster](#) in men than in women.

## 5 | Your pupils can hint at your Alzheimer's risk.

Of course, the [telltale sign of Alzheimer's disease](#) is memory loss, but dementia also manifests itself in your eyes. In a 2019 study published in the journal [Neurobiology of Aging](#), researchers noted that the disease affects the locus coeruleus, a cluster of neurons in the brainstem responsible for pupillary responses, among other things. As a result, individuals with cognitive impairment who are at risk of developing Alzheimer's have greater pupil dilation while performing cognitive tasks.

## 7 | Your blood makes up nearly one-tenth of your total body weight.

When you look at how much you weigh on the scale, you probably think that number is comprised of fat and muscle. But did you know that your blood makes up 8 to 10 percent of your total body weight? Hematologist and oncologist [Daniel Landau](#), MD, explained to [Live Science](#) that the average adult has anywhere from 1.2 to 1.5 gallons of blood flowing through their veins.

## 8 | But a newborn baby is born with barely any blood.

Naturally, newborn babies don't have nearly as much blood as adults do. So how much are they working with exactly? According to Landau, it's typically no more than 1 cup of blood for the average 5-to-8-pound newborn.

## 12 | The scent of apples can ease claustrophobia.

An apple a day can keep your claustrophobia away. According to [Alan Hirsch](#), MD, of the [Smell & Taste Treatment and Research Center](#) in Chicago, smelling a green apple can change your perception of space, making rooms feel larger than they really are. Hirsch conducted [a 1995 experiment](#) on the subject—and during this study, he also found that cucumbers have a similar effect, while the smell of barbecue smoke has the opposite effect.

## 24 | Taking pictures messes with your memory.

The next time you're on vacation, put down the camera and cherish the moment instead. Otherwise, you're likely to forget it. One 2018 study published in the [Journal of Applied Research in Memory and Cognition](#) tested the effects of photo-taking on memory by asking students to remember a series of paintings in three situations: with no camera, with a camera, and with a Snapchat-like app where photos disappear. Researchers found that those who took pictures always had a harder time remembering the details of the painting, regardless of whether the photo was permanently stored.

**We honor & celebrate all our members and friends who will celebrate JANUARY birthdays and anniversaries.**  
(Lists are now on the information table)



MAY THE GOD OF HOPE FILL YOU WITH ALL  
**JOY & PEACE**  
AS YOU TRUST IN HIM, SO THAT YOU MAY  
OVERFLOW WITH HOPE  
BY THE POWER OF THE HOLY SPIRIT.  
Romans 15:13  
**HAPPY BIRTHDAY**



*Thank You!*

Martha continues her card ministry for the church for birthdays, anniversaries, get well, bereavement, encouragement, etc. Each card is sent on behalf of the church (each of you). Through her ministry, friends and family are extended the love of Jesus through the

If we missed your special day, please contact our church secretary, Beth, in the office at 480-982-9120 or email her at [crossrdsbc@yahoo.com](mailto:crossrdsbc@yahoo.com).





**2021**  
**Average**  
**Monthly**  
**Attendance**

**Sunday Worship Attendance: 247**  
**Sunday School Attendance: 146**  
**Wednesday Prayer & Bible Study Attendance: 60**  
**Ladies' Bible Study Attendance: 12**  
**Ladies' Breakfast Attendance : 10**  
**Men's Breakfast Attendance 2021: 13**  
**'Other Events' Attendance: 13**



If you or someone you know needs prayer immediately, contact our Prayer Chain Chairperson, Martha Finton



If you know of a church member who is a shut-in or in the hospital, and would like a visit and the Lord's Supper taken to them, contact Pastor Rick or one of the deacons.



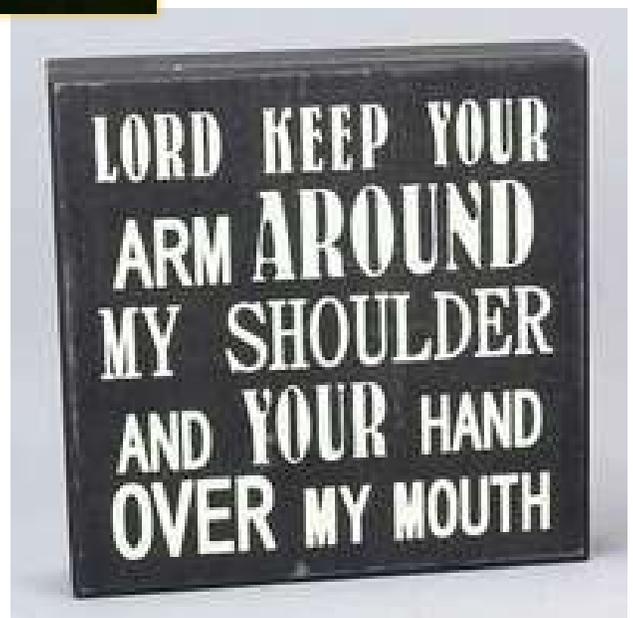
- Sunday Fellowship - coffee & donuts 9:00 a.m.
- Bible Study at 9:30 a.m.
- Worship Service at 10:45 a.m.
- Wednesday Night Prayer Meeting and Bible Study at 5:30 p.m. Join us for a great study and discussion; bring a friend.
- The Ladies' Breakfast is the third Tuesday of each month at 8:30 a.m.
- The Men's IMPACT is on hiatus. Watch the announcements for the next Saturday breakfast at the church.
- Volunteering your Time: The church needs your gifts and talents. Volunteer to serve on a committee and bless others through your service.

**ME YELLING AT A SQUIRREL TO MOVE OUT OF THE ROAD SO ITS NOT CRUSHED BY TIRES, IS PROBABLY THE SAME FEELING GOD HAS WATCHING ME LIVE MY LIFE.**



Joy Clarkson  
@joynessthebrave

This is your gentle reminder that one time in the Bible Elijah was like "God, I'm so mad! I want to die!" so God said "Here's some food. Why don't you have a nap?" So Elijah slept, ate, & decided things weren't so bad. Never underestimate the spiritual power of a nap & a snack.





WHAT DO YOU CALL A PIG  
HAT DOES KARATE?



PORK CHOP

WHAT KIND OF SHORTS  
DO CLOUDS WEAR?



THUNDERWEAR



NOAH MAKES A COSTLY MISTAKE

"ARRIVING IN 40 YEARS."  
THAT CAN'T BE RIGHT..



WHAT DO YOU CALL  
A LAZY KANGAROO?



A POUCH POTATO.

Mark Parisi

offthemark.com

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# January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Ntl Bath Safety Month Ntl Blood Donor Month Ntl Hobby Month	Ntl Hot Tea Month Ntl Sunday Supper Month.	Train Your Dog Month Ntl Slavery & Human Trafficking Prevention Month			1 New Year's Day 
2 9 am-Fellowship 9:30 am-Bible Study 10:45 am-Worship World Introvert Day Festival of Sleep Day	3 Ntl Chocolate Covered Cherry Day	4 Ntl Spaghetti Day Ntl Trivia Day	5 5:30 pm-Prayer Meeting & Bible Study Ntl Bird Day Ntl Whipped Cream Day	6 Epiphany Ntl Cuddle Up Day Ntl Shortbread Day	7 Ntl Bobblehead Day	8 Ntl Argyle Day
9 9 am-Fellowship 9:30 am-Bible Study 10:45 am-Worship The Lord's Supper *Ntl Law Enforcement Appreciation Day *Ntl Sunday Supper Day	10 Houseplant Appreciation Day	11 Ntl Human Trafficking Awareness Day	12 5:30 pm-Prayer Meeting & Bible Study Ntl Pharmacist Day	13 Ntl Rubber Ducky Day	14 Ratification Day Ntl Hot Pastrami Sandwich Day	15 Ntl Bagel Day Ntl Strawberry Ice Cream Day
16 9 am-Fellowship 9:30 am-Bible Study 10:45 am-Worship Ntl Religious Freedom Day	17 Martin Luther King Jr. Day (observed) Benjamin Franklin Day	18 8:30 am-Ladies' Breakfast Civil Rights Day (AZ, NH) Ntl Winnie the Pooh Day	19 5:30 pm-Prayer Meeting & Bible Study Committee Reports Due	20 Game Day Ntl Cheese Lover's Day Ntl Disc Jockey Day	21 Christmas Eve *Holiday-Office Closed Ntl Hugging Day Squirrel Appreciation Day	22 Hot Sauce Day
23 9 am-Fellowship 9:30 am-Bible Study 10:45 am-Worship 6 pm-Barry Ward Concert *Ntl Pie Day *Ntl Handwriting Day	24 Global Belly Laugh Day Ntl Compliment Day Ntl Peanut Butter Day	25 Ntl Irish Coffee Day Ntl Opposite Day	26 Ntl Spouses Day Ntl Peanut Brittle Day	27 Int'l Holocaust Remembrance Day	28 Ntl Have Fun at Work Day Ntl Daisy Day Ntl Blueberry Pancake Day	29 Ntl Puzzle Day
30 9 am-Fellowship 9:30 am-Bible Study 10:45 am-Worship 12-ish-Business Mtg Ntl Croissant Day	31 Ntl Backward Day Ntl Hot Chocolate Day	“And whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you for your offenses. But if you do not forgive, neither will your Father who is in heaven forgive your offenses.” Mark 11:25-26 NASB				

# † Crossroads † Baptist Church Great Commission Church

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Hours: M-F 9:00 a.m. - 3:00 p.m.

Email: [crossrdsbc@yahoo.com](mailto:crossrdsbc@yahoo.com)

Website: <https://www.crossroadsbaptistaz.com/>

**Pastor: Rick Basch**

## **Deacons**

David Douglas  
Mike Tacker

Hector Palma  
Robert Wisner



**MATTHEW 28:18-20**  
WIN SOULS. MAKE DISCIPLES.

Valley Rim Southern Baptist Association

<https://www.valleyrimbsba.org/>

AZ Southern Baptist Convention

<https://azsbc.org/>

Southern Baptist Convention

<http://www.sbc.net/>

